

# World Congress on Integrative Health

## *Healing with Peace*

**September 30-October 2, 2023**  
**8:00 a.m. ~ 5:00 p.m. PT**

## *2023 Awardees*



Organized & Sponsored by the World Congress on Integrative Health, Global Dragon TV,  
Zhi Dao Guan, and the International Center for Integrative Medicine

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## Outstanding Public Service in Integrative Health

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### Krishna Bachina

**T**his award acknowledges your innovation and commitment to the VLead Project that develops critical thinking, speaking and writing skills in youth in the areas of integrative health and research. You have been outstanding in your support of the growth and development of these teenagers in a pivotal time in their lives.

Krishna Bachina is a technology entrepreneur, passionate about helping people, developing leaders and building successful teams. Possesses over 20 years of experience of leadership from corporate and non-profit organizations.

Krishna is Passionate in his community service. Founder of nonprofit VLEAD, A youth leadership program which allows students to explore and gain experience through different areas of volunteer programs which will empower, transform and enhance their skills and communications to create an impactful role across various platforms. Currently serving as an Investment advisory for City of Rocklin, Serving on a Government Appointments Committee (APAPA - GAC).



## Qi Gong Master of the Year

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### Dr. Erlene Chiang

Dr. Erlene Chiang, DAOM, Dip. OM, LAc has been practicing Traditional Chinese Medicine and working closely with patients and their medical teams using Qi Gong, Acupuncture, herbs, and lifestyle changes to improve the outcome of patients' health for 40 years. She is a faculty art ACTCM and Director of Wen Wu School of Internal Martial Arts. She published many papers on oncology care.

**Website:** [www.wenwuschool.com](http://www.wenwuschool.com)



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## Medical Qi Gong Master of the Year

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Dr. Cloe Couturier, DMQ, CO, CSTD, EHP-C

**T**his award acknowledges your impressive commitment to the development of Medical Qi Gong, your support of the World Congress since 1997, WCQG Faculty since 1997, your extensive education and experience in osteopathy and medical qi gong with a robust practice of craniosacral Qi Gong.

Dr. Cloe Couturier DMQ, CO, CSTD, EHP-C, Osteopath (France, UK), Medical Qigong Doctor (China), Certified Advanced 3 Medical Qigong Instructor ([NQA.Org](http://NQA.Org)) is Nationally Certified as an Energy Healing Practitioner in the Clinical Qigong division. EHP-C ([NCCOEP.Org](http://NCCOEP.Org)), Craniosacral Diplomate (Upledger International) and has served on the WCQG Faculty since 1997; [NQA.org](http://NQA.org) Committee Member.

In 1997, two pioneers, Effie P. Chow, Ph.D., Qigong Master, and John E. Upledger DO, Craniosacral Therapy Developer, promoted Dr. Couturier to present her work at the Second World Congress on Qigong. They had met and

worked at the Office of Alternative Medicine, established in 1992, within the National Institutes of Health to investigate and evaluate unconventional medical practices.

Dr. Couturier was a young osteopath whose son had been diagnosed with Duchenne Muscular Dystrophy. She had discovered the great benefits of combining the two practices of Craniosacral works with Medical Qigong and she will share on the development of CranioSacral Qigong.



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## Global Excellence

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### Bill Douglas and Angela Wong-Douglas

Founders of World Tai Chi and Qi Gong Day; Global Transformation Project

**T**his award acknowledges your long commitment to the education and promotion of Tai Ji and Qi gong internationally and for the accomplishments of the Global Transformation Project. We appreciate your long term support of the World Congress and Dr. Effie Chow.

Author of *NEW 2nd Edition; The Gospel of Science*, Founder of World Tai Chi Day, and of The Global Transformation Project 2009. Inductee to the World Internal Arts Hall of Fame in New York, and has been a media source on Mind Body for major media worldwide, New York Times, Wall Street Journal, UK Health Radio Network.



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## Integrative Health Lifetime Achievement

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### Dr. Alex Feng

Dr. Alex Feng, PhD, OMD, LAc, has pioneered over the past 50 years in bringing Chinese Medicine, Qi Gong, and other Chinese internal martial arts, and Taoism to the West. He combined his passion for Traditional Chinese Medicine, martial arts, and Taoism by creating Zhi Dao Guan, the Taoist Center, one of the first Centers for the study of Taoism in the San Francisco Bay area in 2002. An ordained Taoist priest, he is the lineage holder of Zhi Daoism and maintains active Taoist teachings in the Temple at Zhi Dao Guan.

Named one of the top ten practitioners of Traditional Chinese Medicine, in a survey conducted by the San Francisco Focus magazine, Dr. Feng has a renowned TCM practice. In collaboration with Dr. Amy Matecki, Dr. Feng developed integrative medicine programs for Alta Bates Comprehensive Cancer Center and for Highland Hospital, Alameda Health System. He is the founder of I Am A Seaweed Qi Gong – a method for teaching healing qi gong to practitioners and to patients.

Dr. Feng has lectured nationally and internationally on Traditional Chinese Medicine, Qi Gong, and Taiji. He has been inducted into the Martial Arts Hall of Fame and has produced numerous state and national champions in the external and internal styles of martial arts. He has served as a preceptor and mentor to many students of Chinese Medicine, Taoism, and Martial Arts.

**Website:** [www.thetaoistcenter.com](http://www.thetaoistcenter.com)



## Miracle Client

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John Kyle

**T**his award acknowledges your effective use of Qi Gong and other natural healing methods along with allopathic medicine (Integrative!) to restore and maintain your health, not once but twice!! We also recognize the significant contributions you made to years of the World Congress and to ease Dr. Chow's life, especially during the last year.

John Kyle is a working class hero who owes his life to Chow Qigong in overcoming Hepatitis C and cancer.



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## Humanitarian of the Year

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### Dame Rev. Dr. Ama Lia Wai-Ching Lee

**T**his award acknowledges your lifetime commitment to healing, teaching, and Qi Gong. We also recognize the significant contributions you made to the World Congress over the years and your support and loving kindnesses to Dr. Chow.

Rev. Dr. Wai-Ching Lee is a medical intuitive healer from a traditional lineage. She is also a U.S. qualified Holistic Health Counselor and Holistic Bodywork Therapist. As the principal of EarthHeART Holistic Consultancy she has been collaborating with medical doctors in the field of Integrative Medicine since 1992. She is also a member of several organizations of Integrative Medicine and has been on panels and diAma Lia Wai-Ching discussions with the medical profession in co-creating new paradigms and protocols for Holistic Medicine.



Currently, she sits on the Health and Medical Advisory Board of Nature's Frequencies and serves as a consultant to the spa and hospitality industry as well. She provides leadership in many other humanitarian and environmental organizations as well as her own program of Living Healing Arts Vortex (LHAV).

Wai-Ching Lee has synthesized several cutting-edge evolutionary modalities in the field of Energy or Vibrational Medicine. She has developed Infinity Quantum Qi-Gong, an accelerated restorative treatment and multi-dimensional healing and is the Associate Producer of Quantum Qi Movie, with Sharron Rose of Sacred Mysteries.

[www.amaliawaichinglee.earth](http://www.amaliawaichinglee.earth)



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## Humanitarian of the Year

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### Daisy Lee

**T**his award acknowledges your healing, support and loving kindnesses to Dr. Chow. We also recognize the significant contributions you made to years of the World Congress and your effective prayer circles that eased Dr. Chow's life, especially during the last few months.

Daisy Lee is a respected leader in the Qigong world with more than 25 years of teaching experience.

She is founder and principal teacher of Radiant Lotus Qigong, her signature program that is taught worldwide by certified instructors. She has been a special guest lecturer at U.S. and Canadian hospitals, including Johns Hopkins, Mount Sinai and Women's College. Daisy has presented internationally at wellness conferences, health clinics, senior centers, and schools, and has been a featured speaker on numerous online summits. She was presented with the 2020 Qigong Master of the Year Award by the World Qigong Congress for her work in women's health and healing. Daisy resumes live programs this fall at Omega Institute, and teaches online regularly on the Shift Network.



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## Humanitarian of the Year

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### Grand Qi Gong Master Chunyi Lin

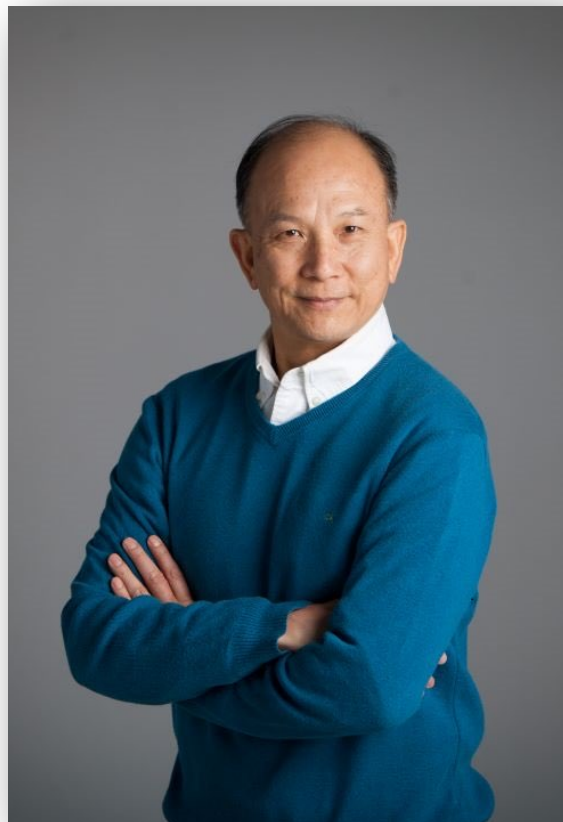
**T**his award acknowledges your healing, support and loving kindnesses to Dr. Chow. We also recognize the significant contributions you made to years of the World Congress and your one on one remote healing that eased Dr. Chow's life, especially during the last few months.

Chunyi Lin is an internationally recognized Qigong Master with a master's degree in holistic healing. His fluency in numerous Chinese dialects afforded him the rare opportunity to study with many of the most respected Qigong Masters in his native China. Chunyi is the founder of Spring Forest Qigong, and author of a #1 Amazon bestseller, *Born A Healer*. He is also coauthor with Dr. Nisha Manek of the Mayo Clinic of a chapter on Qigong in a medical school textbook, *The Textbook of Complementary and Alternative Medicine, Second Edition*.

He is director of the Spring Forest Center in Eden Prairie, Minnesota, USA, where he works with people from all over the world helping them and empowering them to overcome serious health challenges and return to optimal health, wellness and happiness.

Master Lin is also a member of the Transformational Leadership Council founded by Jack Canfield. In 2010, the executive committee of the World Qigong Congress named him International Qigong Master of the Year. Also, in 2010, two independent research studies, one by doctors from the University of Minnesota and one of the leading medical research centers in the United States, found that Lin's Spring Forest Qigong techniques are helpful in relieving chronic pain.

In 2014, Chunyi founded the non-profit Spring Forest Qigong Institute to help further his vision of "a healer in every home and a world without pain and suffering."



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## Scientist of the Year-Lifetime Achievement

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### Dr. Shin Lin

He is the Founding Director of the Laboratory for Mind/Body Signaling and Energy. His research at UCI, applied electronic and biophotonic technologies to investigate the physiological mechanisms of the beneficial effects of Qigong/Tai Chi and TCM therapies.

Dr. Lin has received training in acupuncture at the Department of Rehabilitation Science of Hong Kong Polytechnic University. He is designated as a 12th-generation inheritor of Chen Style Tai Chi and also teaches different styles of Qigong.

- He served on the National Advisory Council on Complementary and Integrated Health and as
- Chair of a Think Tank on Biofield Medicine at the National Institutes of Health (NIH).
- An elected Fellow of the American Association for the Advancement of Science (AAAS, publisher of Science), Dr. Lin held a Visiting Professorship at the Shanghai University of TCM and
- Was a co-principal Investigator of government-funded projects at the Shanghai Qigong Research Institute at this University for a dozen years.
- He is presently on the editorial board of the Journal of Integrative and Complementary Medicine and a co-Chair of this Congress continuously since 2004.



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## Integrative Health Visionary

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### Dr. Amy Matecki

Dr. Amy Ying Li Matecki MD, LAc, FACP graduated from Qingdao Medical College in 1989 and Qingdao Acupuncture Academy in 1991. She practiced both Western and Traditional Chinese Medicine in China before moving to California in 1994. Licensed in Medicine in California in 2002, she graduated as an Internal Medicine Chief Resident at Alameda County Medical Center.

Board Certified in Internal Medicine in 2004, she joined the Northern California Hematology and Oncology, Inc. adding the acupuncture program to the Alta Bates Summit Comprehensive Cancer Center where she serves as Medical Director for the Center for Integrative Medicine. She is the co-founder of Cornerstone Integrative Medicine and President of the International Center for Integrative Medicine (ICIM). She specializes in integrative oncology, Chinese herbal medicine and acupuncture, nutritional supplements, women's health, and pain management.



This year's keynote speaker.

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## Animal Integrative Health Healer of the Year

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Dr. Cheryl Schwartz, DVM

**T**his award acknowledges your long and effective commitment to the development of TCM with animals and leadership in Integrative Medicine in the veterinarian world. Your innovations in education of colleagues and clients are especially noteworthy.



Compassionate veterinarian and animal advocate since 1978 (WSU), with 40+ years Traditional Chinese Medicine experience. Worldwide educator veterinary accreditation courses, animal lovers, and founding member American Holistic Veterinary Medical Association. Author of *Four Paws Five Directions: Guide to Chinese Medicine for Cats & Dogs* (Random House). Creator of self-help video series *Healthy Tips for Tails*, and a speaker this year.

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## Visionary Lifetime Achievement in IM

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### Dr. Terry Shintani

Dr. Terry Shintani, MD, JD holds a master's degree in nutrition from Harvard University and Medical and Law degrees from the University of Hawaii. He is board-certified in Preventive Medicine and is the founder of the integrative medicine clinic of the Dept of Complementary and Alternative Medicine, John A. Burns School of Medicine. He is the Chair of the International Holistic Therapy Association and is certified as a Traditional Hawaiian Healer. He has received a national award from the U.S. Secretary of Health for his health program reversing disease in a high-risk population.

He has written 16 books including the *Eat More, Weigh Less® Diet*, the *Hawaii Diet*, and the *Peace Diet®*. He has been featured in *Newsweek*, on *CBS This Morning*, *ABC*, *National Radio*, *CNN News*, and *Dateline NBC*. His Program appears in the *Encyclopedia Britannica*. For his many contributions to humanity, he has been formally designated a "Living Treasure of Hawaii."



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## Martial Artist Movie Star

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### Jack & Julie Tu

Master Jack Tu is the son of a famous Qi Gong Master. Grand Master Tu has been practicing martial arts since he was 3 years old. With over 20 years of experiences under his belt, Master Jack had finally reached his dream of entering the entertainment world.

Jackie Chan held a world wide competition in hopes to look for his disciple. Almost 200,000 contested signed up for this event. Out of the 200,000 only 180 contestant made the cut off. Coach Julie Tu was also one of the top 180 contestant. The 180 contestant were brought to Bei Jing to be on Jackie's reality TV show of finding his next disciple.



Master Jack Tu won the whole competition and was given the title of Jackie Chan's Eldest disciple. There was also 16 other contestants who made it to the top.



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## Model of Miraculous Qi Gong Healing

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Marisa Vocca

**T**his award acknowledges your long commitment to the development of Qi Gong practice and education in Italy and your own effective use of Qi Gong to return to health. With your decades of support of Dr. Chow and the World Congress, we know Dr. Chow is smiling down on you now.

Marisa is a Sinologist and a Qigong Master, expert in meditative and healing Qigong, she studied Qigong in the early '90s and has been teaching since then. She is the founder of The NeiDao Association and the Italian representative to the World Congress of Qigong, and she has organized four International Symposiums on Qigong in Italy. She got cancer a few years ago, and



demonstrated that Qigong can cure it, guiding the person to a very deep and interior healing. Marisa is founder of the Nei Dao School of Qigong in Rome, Italy and organizer of several successful symposiums on Qigong held in Rome. She spent many years in China, studying and practicing various Qigong techniques from the Taoist, Buddhist, and Therapeutic Qigong traditions, gaining a deep knowledge in traditional and popular techniques of diagnosis and healing, all connected with Therapeutic Qigong as well as with the Chinese folk medicine.

Marisa has been working with various Natural Medicine Organizations in Rome since 1994. For a number of years, she collaborated with and worked at the AMSA Acupuncture School, EFOA School of Naturopathic Medicine, and the school of Villa Giada, where she was responsible for the Qigong courses, teaching there from 2002 to 2010.

Marisa also serves as the head of Nei Dao Association–The Interior Way - an organization dedicated entirely to the in depth study of Qigong in all of its aspects.



## Miracle Client

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### Isa Zayas

Isabelle Zayas is an author and public speaker who inspires life transformation by healing the whole human not just the illness. She draws on her experience from twenty years as a leader in a global Fortune 500 technology firm. In 2013, Isabelle was diagnosed with Stage IV metastatic breast cancer, a life-threatening illness with a 3% survivability. Today, she is a survivor and supports people through her story and energy work. She is a Chow Qigong Master, an Intuition Medicine® Practitioner, and holds certifications in Shaolin Qigong Three Secret Forms and Shaolin Wellness Qigong.



## In Memory



SHIHAN KEIKO FUKUDA  
(2011)



HONORABLE EDWIN LEE  
(2016)



GRANDMASTER HUI LIU  
(2004)



DR. RUSTUMROY  
(2001)



DR. KENNETH SANCIER  
(1997)



DR. JANET WU  
(2001)

DR. LIDA FENG (1997)

DR. EVELYN LEE

SAN MATEO PORT  
COMMISSIONER LEE

MAX MAH

ED POON

JAMES S. TURNER, ESQ

LILLIAN WONG